



City of Bellevue | Proclamation

Whereas: Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about the importance of regular health screenings and adopting healthier lifestyles; and

Whereas: in the United States, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health issues such as diabetes, obesity, cancer, heart disease and premature mortality; and

Whereas: Men's Health Month serves as a time for the public to recognize the mental and physical health needs of men and boys, encouraging fathers and male role models to lead by example through preventive health screenings, healthy living and seeking necessary medical care; and

Whereas: the growing concerns of suicide and substance abuse highlight the need for increased awareness of unrecognized and undiagnosed depression and mental stress among boys and men.

Whereas: the centerpiece of Men's Health Month is National Men's Health Week and is celebrated annually during the week leading up to and including Father's Day, passed by Congress and signed into law by President Bill Clinton on May 31, 1994.

Now, therefore, I, Lynne Robinson, Mayor of Bellevue, Washington, on behalf of its City Council, do hereby proclaim **June 9 - 15, 2025**, as:

Men's Health Week

in Bellevue and urge community members to encourage the men and boys in their lives to practice healthy habits and to seek regular medical advice and early treatment for disease and injury.

Lynne Robinson, Mayor
City of Bellevue