



City of Bellevue | Proclamation

Whereas: Men's Health Month is part of an ongoing international effort to educate men, boys and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

Whereas: Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease and premature mortality; and

Whereas: The COVID-19 pandemic had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; and

Whereas: Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living and seeking needed help; and

Whereas: The growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

Whereas: The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994.

Now, therefore, I, Lynne Robinson, Mayor of the City of Bellevue, Washington, and on behalf of its City Council, do hereby proclaim June 10-16, 2024, as:

Men's Health Week

in Bellevue and urge community members to encourage the men and boys in your lives to practice healthy habits and to seek regular medical advice and early treatment for disease and injury.

Lynne Robinson, Mayor
City of Bellevue