

MEMORANDUM



Bellevue Parks &
Community Services

Date: July 11, 2024

To: Parks & Community Services Board

From: Ted Mittelstaedt, Community Services Supervisor, Parks & Community Services

Subject: Youth Health Fitness
(Informational – no Board action requested)

At the Wednesday, July 17, 2024, Parks & Community Services Board meeting, I will present information about the Youth Health and Fitness work group's programs, events, and history.

Youth Health and Fitness programs have been offered to the public since 1965. The Youth Sports, Skate Park and TRACKS programs make up this work group. These traditional and non-traditional programs are safe, fun and accessible to all. They provide active recreation opportunities for primarily, youth and teens from all backgrounds. Our programs and events attract thousands of participants each year.

I will highlight how our diverse Youth Health and Fitness Programs provide unique opportunities for the community and reinforce our Parks & Community Services Department 's overarching goal of "Building a Healthy Community".

I look forward to sharing more about the Youth Health Fitness programs and services on July 17.