



City of Bellevue | Proclamation

- Whereas:** early identification, intervention and treatment of mental illness and behavioral health disorders can improve - and even save - lives; and
- Whereas:** according to the World Health Organization, half of all mental health conditions start by age fourteen, yet most cases remain undetected and untreated; and
- Whereas:** Teen Mental Health Awareness Day is designed to increase understanding of mental health issues facing teenagers and to eliminate stigmas surrounding preventive mental health care; and
- Whereas:** teenagers can experience high levels of stress and anxiety about school, family, friendships, health and finances; and
- Whereas:** it is important to learn the signs and symptoms of mental health conditions in order to seek and receive help when needed; and
- Whereas:** teens today pave the way for a better tomorrow, making it essential that they learn early about the importance of mental health and have access to supportive resources; and
- Whereas:** it is important to acknowledge the intersectionality between mental health, race, ethnicity, gender identity, sexual orientation and disability, as teens in marginalized communities often experience larger disparities in access to mental health services and higher rates of mental illness due to impacts from systemic harm.

Now, therefore, I, Lynne Robinson, Mayor of Bellevue, Washington, on behalf of the City Council, do hereby proclaim **September 19, 2025**, as:

Teen Mental Health Awareness Day

in Bellevue, Washington, and encourage all residents to play a role in supporting the mental health and well-being of teens in our community.

Lynne Robinson, Mayor
City of Bellevue