



City of Bellevue | Proclamation

Whereas: Behavioral health is an essential part of one's overall health and wellbeing; and

Whereas: The COVID-19 pandemic has had, and continues to have, a profound effect on mental health and substance use, with increasing numbers of people experiencing anxiety, depression, and loneliness; and

Whereas: An estimated 575,000 people in King County are affected by these conditions; and

Whereas: Preventing and overcoming mental and substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally, for individuals, families and entire communities; and

Whereas: As a community we must encourage those we know with mental and/or substance use disorders to recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

Whereas: To help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services, the Substance Abuse and Mental Health Services Administration, the White House Office of National Drug Control Policy, King County and the City of Bellevue invite all residents of Bellevue to participate in recognizing National Recovery Month.

Now, therefore, I, Lynne Robinson, Mayor of the City of Bellevue, Washington, and on behalf of its City Council, do hereby proclaim the month of **September 2022** as:

NATIONAL RECOVERY MONTH

in Bellevue and call upon the people of Bellevue to observe this month with appropriate programs, activities and ceremonies.

Lynne Robinson, Mayor
City of Bellevue