



City of Bellevue | Proclamation

Whereas: Early identification, intervention and treatment of mental illness and behavioral health disorders can improve — and even save — lives; and

Whereas: According to the World Health Organization, half of all mental health conditions start by age fourteen, but most cases are undetected and untreated; and

Whereas: Teen Mental Health Awareness Day is designed to increase awareness of mental health issues for teenagers and eliminate stigmas surrounding preventive mental health; and

Whereas: Teenagers can experience high levels of stress and anxiety about school, family, friends, health and money; and

Whereas: It is important to learn the signs and symptoms of mental health conditions to seek and receive help when needed; and

Whereas: Teens today pave the way for a better tomorrow; it is essential they learn early about the importance of mental health and have easy access to resources; and

Whereas: It is important to acknowledge the intersectionality between mental health, race, ethnicity, gender identity, sexual orientation and disability. Teens in marginalized communities experience larger disparities in mental health services and have higher rates of mental illness.

Now, therefore, I, Lynne Robinson, mayor of Bellevue, Washington, on behalf of the City Council, do hereby proclaim Sept. 10, 2024, as:

Teen Mental Health Awareness Day

in Bellevue, Washington, and encourage all people to do their part to increase teen mental health awareness in our community.

Lynne Robinson, Mayor
City of Bellevue