CITY OF BELLEVUE, WASHINGTON

PROCLAMATION

Whereas: Behavioral health is an essential part of health and one's overall wellness; and

Whereas: Prevention of mental and/or substance use disorders works, treatment is effective,

and people recover in our area and around the nation; and

Whereas: Preventing and overcoming mental and/or substance use disorders is essential to

achieving healthy lifestyles, both physically and emotionally; and

Whereas: We must encourage relatives and friends of people with mental and/or substance

use disorders to implement preventive measures, recognize the signs of a

problem, and guide those in need to appropriate treatment and recovery support

services; and

Whereas: An estimated 400,000 people in King County are affected by these conditions;

and

Whereas: To help more people achieve and sustain long-term recovery, the U.S. Department

of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), the King County Behavioral Health and Recovery Division, and the City of Bellevue invite all residents of Bellevue to participate in

National Recovery Month.

Now, therefore, I, John Stokes, Mayor of the City of Bellevue, Washington, and on behalf of its City Council, do hereby proclaim the month of **September 2016** as:

National Recovery Month

in Bellevue, and call upon the people of Bellevue to observe this month with appropriate programs, activities, and ceremonies to support this year's *Recovery Month*.

John Stokes	
Mayor	