



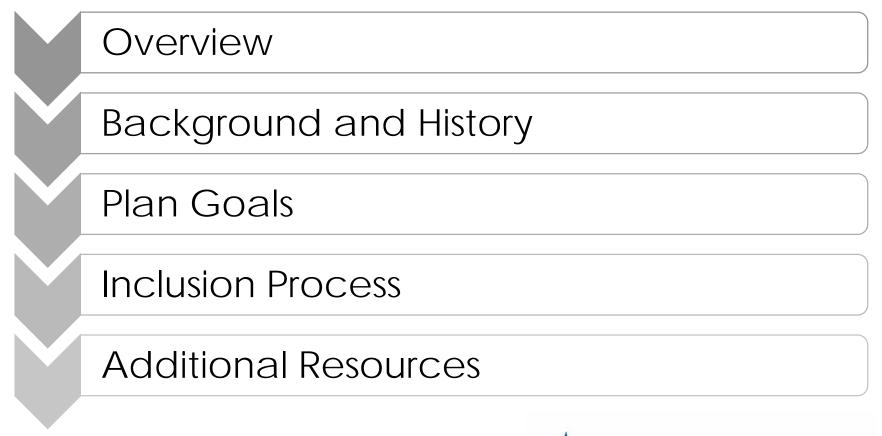
# Choices for People with Disabilities Plan

Kim Indurkar, Parks & Community Services June 10, 2019

# **Direction Needed from Council**

Information Only, no direction asked

## AGENDA





# **Choices Plan Overview**

- Break down barriers for participation (inclusion)
- Give access to parks, recreation facilities, and playgrounds
- Increase staff awareness and knowledge

#### Choices for People with **Disabilities**



Updated 2018



ellevue Parks 8 Community Services

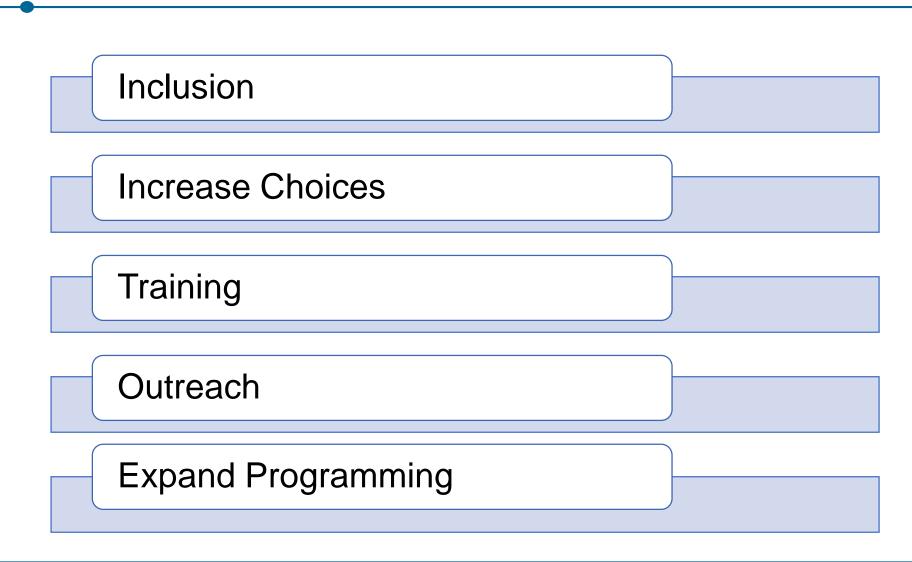
# **Background and History**

- 1970's City of Bellevue began providing adaptive recreation activities for individuals with disabilities
- 1980's Highland Community Center designated as an adaptive recreation center
- 1990's Adaptive programs expanded to other City facilities
- 2000 Inclusion services added in addition to adaptive programs

# Parks & Community Services Goals



### Goals



#### Access



### Trails

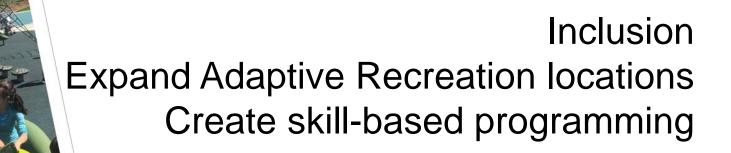
### Playgrounds





#### Programs

### **Increase Choices**



# Training

- Inclusion Process
- Disability Awareness





### Outreach



- Connecting to our diverse community
- Partnerships
- Resources

# **Expand Programming**

#### Reach new populations







# **Adaptive Recreation**





# **Adaptive Recreation**

# **Benefits**

- Builds skills
- Provides an introductory choice for learning new recreation activities



 Encourages activity for those isolated in the community

# **Adaptive Recreation Participation**

Adaptive Recreation Sites:

- Highland Community Center
- Northwest Arts Center
- Robinswood Tennis Center
- Bellevue Aquatics Center
- Bellevue Youth Theatre



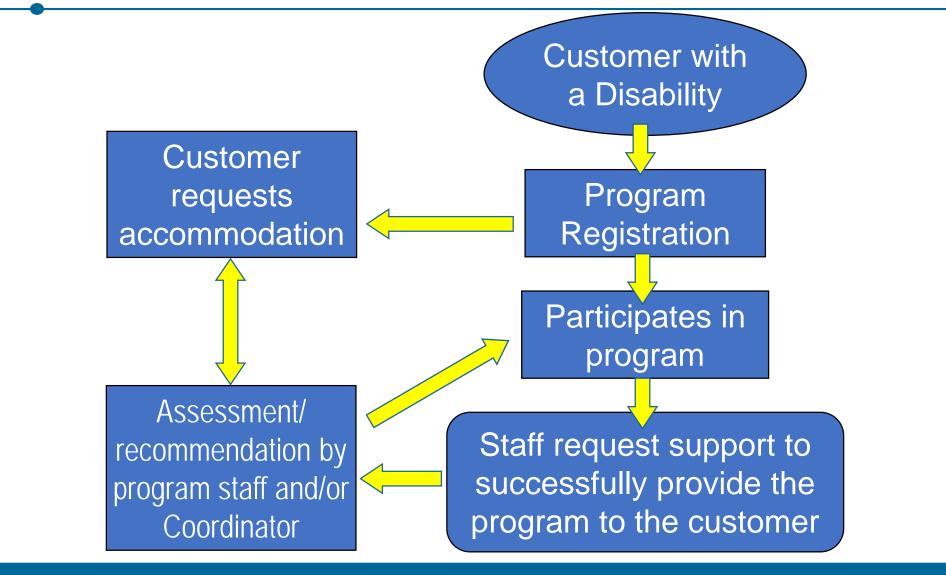
# Inclusion

- Provides the greatest choice
- Supports full and active participation of individuals with disabilities
- Develops community support





#### **Inclusion Process for Registered Programs**



# **Modification Examples**

- Instructor/Staff Training
- Program Modifications
- Equipment Adaptations
- Mobility Assistance
- Modeling
- Supervision



# **Additional Resources**

- Disability awareness
- Disability movement
- ADA definitions
- Service animals
- Support groups



# **Direction Needed from Council**

Information Only, no direction asked