

# Briefing on the King County Heroin and Prescription Opiate Task Force Recommendations

September 18, 2017

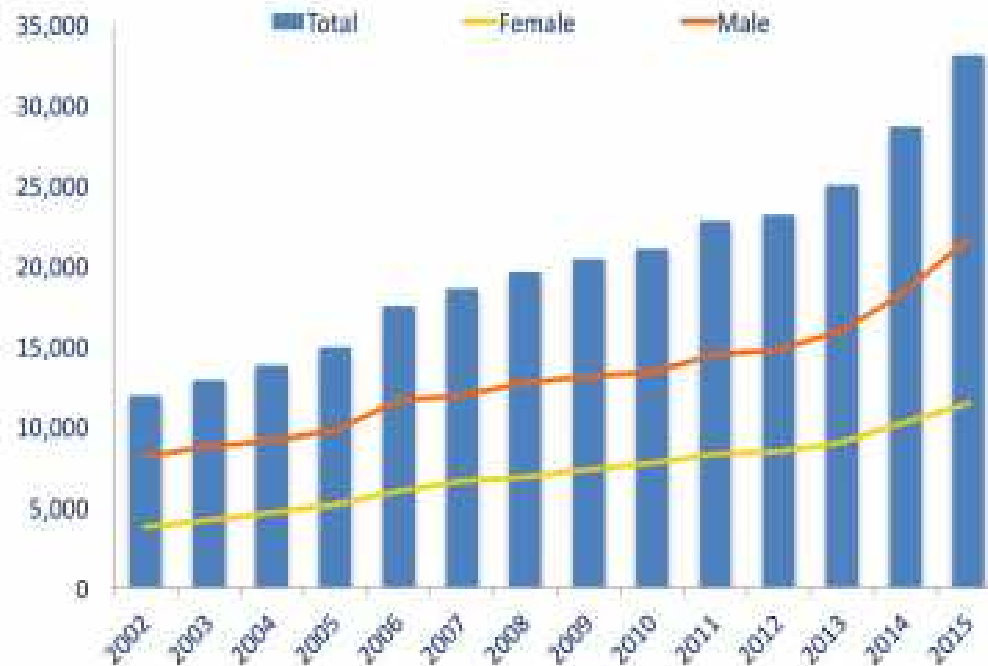
# Tonight's Presentation

- ▶ Overview of the Heroin and Opioid Use Crisis
- ▶ Task Force Recommendations
- ▶ King County and Bellevue/Eastside Efforts

# National Opioid Fatality Trend



## National Overdose Deaths Number of Deaths from Opioid Drugs



Source: National Center for Health Statistics, CDC Wonder

# King County Snapshot

- ▶ 2016: 219 deaths from opioids and heroin
- ▶ Significant increase in the number of people entering treatment programs
- ▶ Teens ages 14-15 represent the peak time of initiation into opioid misuse

# King County Heroin and Prescription Opiate Addiction Task Force

- ▶ Convened in 2016
- ▶ Charged with developing strategies for prevention and improving access to treatment
- ▶ 50 representatives from various King County organizations, including hospitals, police and fire agencies, human service and other health care providers

# King County Heroin and Prescription Opiate Addiction Task Force

- ▶ Task Force developed 8 recommendations for:
  - Primary Prevention
  - Treatment Expansion
  - User Health and Overdose Prevention

# 1. Raise Awareness and Knowledge

## ▶ King County

- ▶ Awareness and education forums
- ▶ Mental Illness and Drug Dependency (MIDD sales tax) funding for prevention education – physicians, pharmacists, health care providers, and the public

## ▶ Bellevue/Eastside

- ▶ Eastside Human Services Forum
- ▶ Bellevue Human Services Commission
- ▶ King County Public Libraries – Bellevue

## 2. Promote Safe Storage and Disposal

- ▶ King County
  - ▶ 100 drop-box locations
  - ▶ Mail-back envelopes
- ▶ Bellevue/Eastside
  - ▶ Secure drop-box in Police Lobby of City Hall
  - ▶ 7 pharmacy take-back locations





### 3. Prevention & Early Identification

#### ▶ King County

- ▶ Screening, Brief Intervention and Referral to Treatment (SBIRT)
- ▶ Screening tool for early identification of drug and alcohol problems
- ▶ The Best Start for Kids (BSK) Levy funding SBIRT in middle schools

#### ▶ Bellevue/Eastside

- ▶ Bellevue School District developing SBIRT plan for middle schools
- ▶ BSK is funding health clinic at Highland Middle School
- ▶ Eastside Pathways Mental Health and Wellbeing Collaborative

## 4. Create Access to Buprenorphine (Suboxone)

### ▶ King County

- ▶ 100 public and private health care providers that have received training and can prescribe buprenorphine
- ▶ \$500,000 in MIDD funding will be used to expand access

### ▶ Bellevue/Eastside

- ▶ 16 public and private health care providers in Bellevue can prescribe buprenorphine

## 5. Develop Treatment on Demand For All Types of Services

Bellevue funds the following programs:

Youth Eastside Services	Mental health counseling and substance abuse treatment to children and youth ages 6-22	\$168,747
Therapeutic Health Services	Outpatient drug & alcohol treatment Medication Assisted Therapy (methadone)	\$105,509
Sound Mental Health	School and community based services for children, youth and adults with mental health and substance abuse issues	\$ 38,500
Friends of Youth	Provides substance abuse treatment services to youth, young adults and their families	\$ 88,960
HealthPoint	Provides medication assisted therapy	\$ 60,272

## 6. Alleviate Barriers Placed on Opioid Treatment Programs

### ▶ King County

- ▶ International Community Health Services (ICHS) - affordable health care services for underserved populations

### ▶ Bellevue/Eastside

- ▶ HealthPoint - affordable health care services for low-income populations
- ▶ Therapeutic Health Services - outpatient drug and alcohol treatment, including medication-assisted treatment

## 7. Expand Distribution of Naloxone (Narcan) in King County

### ▶ King County

- ▶ State legislation authorized pharmacies to supply a nasal form of Narcan without a prescription
- ▶ On Medic Units for many years; now carried by all fire response units
- ▶ MIDD funding is being used to expand distribution of Narcan

### ▶ Bellevue/Eastside

- ▶ Narcan carried on Medic Units for many years; now carried by all fire response units
- ▶ Police Department narcotics officers are trained and carry Narcan nasal spray

## 8. Establish Pilot Program for Two Safe Injection Sites

- ▶ This recommendation has received the most scrutiny and publicity
- ▶ Several cities have banned the sites, including Federal Way and Auburn
- ▶ Tonight's briefing is not intended to address this recommendation

**Bellevue City Council will be holding a  
September 25 Public Hearing**

# Next Steps

- ▶ Bellevue's 2017-2018 Human Services Needs Update
- ▶ Continue to provide services that address prevention and treatment
- ▶ Urge King County elected officials to evaluate programs/services funded by levies and other taxes to ensure effectiveness, avoid duplication and reduce administrative overhead