



KING COUNTY MENTAL ILLNESS AND DRUG DEPENDENCY (MIDD) UPDATE

Bellevue City Council
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I. MIDD BACKGROUND

- Councilmanic, countywide 1/10th of one percent sales tax generating approximately \$63 million per year
- RCW 82.14.460 requires MIDD revenue to be used for new or expanded mental health and substance use disorder services, including King County's therapeutic courts
- Passed by the King County Council in 2007
- King County is one of 24 counties in Washington State that has authorized the tax revenue to date
- MIDD will expire on December 31, 2016 unless extended by the King County Council



II. MIDD I FACTS

- 35,906 unduplicated individuals were served by MIDD between October 1, 2014 and September 30, 2015
- Today, MIDD funds support services provided by over 40 community based agencies and eight county agencies and departments
- MIDD supported programs sited at, or serving eastside individuals and families, include:
 - Geriatric Regional Assessment Team, sited at Evergreen Health in Kirkland
 - Crisis Intervention Training for First Responders, serving Bellevue Police Department
 - Mental health counseling at LifeWire
 - Club house support and supported employment services at HERO House



III. MIDD 1 OUTCOMES

Emergency Department Utilization SIGNIFICANT REDUCTION

- After a modest initial increase in emergency department use in the first year, **reductions in emergency department use exceeded 25 percent for every year thereafter, peaking at 39 percent** in the fifth year after initial MIDD service contact.

Psychiatric Hospital Utilization SIGNIFICANT REDUCTION

- After a modest initial increase in psychiatric hospital use in the first year, **the total number of admissions dropped 44 percent, and the total number of hospital days were reduced by 24 percent**, in the third through fifth years after initial MIDD service contact.



III. MIDD 1 OUTCOMES

Jail Utilization

SIGNIFICANT REDUCTION

- Jail **bookings decreased significantly, ranging from 13 percent in the first year to 53 percent** in the fifth year after initial MIDD service contact.
- Total jail days increased slightly in the first year after MIDD service contact, but then **reductions in jail days that reached a 44 percent reduction** by the fifth year were consistently evident starting in the second year.

Symptom Reduction

NOTABLE REDUCTION

- When change was evident and could be measured, **about three out of every four people showed reduced mental health symptom severity or reduced substance use** at some point over the course of their treatment.



IV. MIDD RENEWAL

DRAFT Service Improvement Plan Highlights

- Recommending continuation of successful MIDD 1 programs into MIDD 2, with some merging and retooled during the implementation planning or request for proposal (RFP) process
- Proposing 16 new proposed initiatives for MIDD 2
- Prioritizing services and programs to keep people out of or returning to jail and the criminal justice system, including upstream prevention and diversion activities. These include initiatives like:
 - Law Enforcement Assisted Diversion (LEAD)
 - Housing Capital and Rental Assistance
 - Crisis Diversion and Mobile Crisis Services, including expanding to South King County



IV. MIDD RENEWAL

DRAFT Service Improvement Plan Highlights Continued

- Investing in a treatment on demand system that delivers treatment to people who need it, how they need it, and when they need it so crises can be avoided or shortened. These include initiatives like:
 - Behavioral Health Urgent Care Walk In Clinic Pilot
 - Next Day Appointments
 - Peer Bridger and Peer Support
- Creating community-driven grants so geographic and culturally diverse communities can customize behavioral health services for their unique needs



IV. MIDD RENEWAL

Next Steps

- Vote by King County Council on extension of tax
- Council review and acceptance of MIDD I Comprehensive Retrospective Report
- Transmit Service Improvement Plan to the Council August 25th
- Transmit final MIDD 2 budget to the Council in September with County budget



QUESTIONS?

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