



City of Bellevue

MEMORANDUM

DATE: January 13, 2020

TO: Human Services Commission Members

FROM: Alex O'Reilly, Manager, 425-452-2824
Christy Stangland, Planner, 425-452-6452
Human Services Division
Parks & Community Services Department

Agenda Item for Wednesday January 22, 2020

Information on Issues Related to Youth Mental Health

In response to questions from the Commission about research and causes of the increase in mental health issues for youth, Human Services staff have invited two providers from currently funded agencies to each give a brief presentation to the Commission at the beginning of the meeting:

- Liz Ludwig, LMHC, SUDP, CMHS, Co-occurring Disorders Therapist, Dialectical Behavior Therapy Program Coordinator from Youth Eastside Services
- Claire de Leon, MA, LMHC, Clinical Director from Asian Counseling and Resource Center

There will also be time for additional questions from the Commission.