



City of Bellevue | Proclamation

Whereas: Behavioral health is an essential part of one's overall wellness; and

Whereas: Preventing and overcoming mental and substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

Whereas: An estimated 400,000 people in King County are affected by related conditions; and

Whereas: As a community we must encourage those we know with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to the appropriate treatment; and

Whereas: To help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services, the Substance Abuse and Mental Health Services Administration, King County and the City of Bellevue invite all residents of Bellevue to participate in National Recovery Month.

Now, therefore, I, Lynne Robinson, Mayor of the City of Bellevue, Washington, and on behalf of its City Council, do hereby proclaim the month of **September 2020** as:

NATIONAL RECOVERY MONTH

in Bellevue and call upon the people of Bellevue to observe this month with appropriate programs, activities and ceremonies to support this year's theme, ***"Rising Above it All: Wellness, Resilience & Recovery."***

Lynne Robinson, Mayor
City of Bellevue